

10 Quick Tips for Successful Exam Preparation

There are always various activities that can be done separately or combined in enhancing one's experience. Herewith, there are few guidelines respectively outlined to serve as a practical reference.

1. Give yourself enough time to study

Make a **study schedule** that fits your way of studying and **do not leave anything for the last minute**. While some students do seem to thrive on last-minute studying, often this way of partial studying is not the best approach for exam preparation. Write down how many exams you have, how many pages you have to learn, and the days you have left. Afterwards, **organize your study habits** accordingly.

2. Make sure your study space is organized

blocked URL Make sure you have **enough space** on your desk to spread your textbooks and notes. Ensuring that the room is **sufficiently bright** and your **chair restful enough** are also points to consider. Pay **attention to details that can distract** you and remove them from your study space. Make sure that you feel **comfortable** in your study space and that you are able to focus. For some individuals, this may mean complete silence, while for others listening to music helps. Some of us need complete order to focus, while others like to study in a more cluttered environment. Make sure your study space is friendly and pleasant so that you can fully concentrate.

3. Use flow charts and diagrams

Visual aids can be especially helpful when **revising** study material. At the start of a topic, write down everything you already know about the subject. Closer to the exam, transform your revision notes in a diagram. In that manner the visual remembrance can aid to your readiness considerably when taking the exam.

4. Practice on old exams

One of the most effective ways to prepare for exams is to practice with an old version of previous exams. Also, an old test will help you see the **format and formulation of the questions** and it will be good for you to **know what to expect** but also as a worthy practice for measuring the **time** you need for the actual test.

5. Explain your answers to others

With the help of your family and friends, you could excel on your exam. Explain them your **reasoning** for why you have answered a certain question in a certain way.

6. Organize study groups with friends

Study groups can help you get the answers you need and finish tasks faster. Just make sure the group is **focused on the subject** and they are not easily distracted.

7. Take regular breaks

Regular breaks are needed for the brain to regain its focus. It is not the best tactic to study long hours because long-term **retention of knowledge** is almost impossible. The most important part of studying is to develop a **routine** that fits your **study style**.

8. Snacking on healthy food is good for the brain

You should not eat unhealthy food while you are studying. Keep your body and brain fit by choosing **natural, fresh and vitamins rich food** that is good for you and would improve your **concentration and memory**.

9. Plan the day of your exams

Check all the rules and requirements for the exam. **Plan your route** and the time it may take you to reach your destination – then add on some **extra time**. You do not want to arrive late and deal with even more anxiety.

10. Drink plenty of water

While studying for exams and even during an exam, it is advisable to drink water. Remaining hydrated is vital and adds to your overall positive mood.