

## Front

### Common Terms



#### **What is Phishing?**

An attempt to obtain personal and/or financial information through the use of e-mail or pop-up boxes, made to look like they come from an "official" source.



#### **What is Malware?**

Programs (viruses and spyware) designed to steal information, send spam, & commit fraud. Can be blocked with an antivirus program & system updates (see other side).

### Password Security



- Do not share your passwords with anyone.
- Use passwords that are 8+ characters and include numbers and/or symbols.
- Avoid using common words or personal information in your password.
- Change your passwords regularly
- Do not use the same password for each site that you access.
- USD will NEVER ask you for your password or personal information over email.

### Symptoms of an infected computer



An infected computer might show some or all of the following:

- Strange popups
- Programs that you did not install, especially if they ask for credit card info
- Slow startup speeds
- Web traffic redirected to other places

## October is Cybersecurity Awareness Month

Learn more at [sandiego.edu/security](http://sandiego.edu/security)



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## Protect Your Tech!

Your documents, your computer, and even your identity are constantly at threat online. Here are some ways to protect yourself:

### **Antivirus Software**

This continuously checks your computer for threats, including viruses, trojans, and malware. USD offers a FREE copy for current students/staff/faculty to install on their home computer, for both Windows & Mac OS X.



Download at [sandiego.edu/security](http://sandiego.edu/security)

### **Computer Updates**

Manufacturers of programs will often put out updates to fix any problems (bugs) or repair any security vulnerabilities. Make sure you run these updates often, for both your operating system and any programs you have.



Learn how at [sandiego.edu/security](http://sandiego.edu/security)

### **Avoid Filesharing**

In addition to legal trouble, file sharing & Peer to Peer applications can expose your computer to viruses and malware. Remove any file sharing apps you might have.



Learn how at [sandiego.edu/security](http://sandiego.edu/security)

### **Don't Know? Just Ask!**

The ITS Help Desk has support resources available 24 hours a day, 7 days a week! Feel free to contact us with your questions.



Call us at (619) 260-7900  
or visit [sandiego.edu/help](http://sandiego.edu/help)